

Welcome!

& LIVING CLEAN IN FULL
FINDING RECOVERY COLOR
IN NA *as
an* LGBTQIA+ *addict in recovery*



Agenda 120 min

- Welcome
- 6x Personal Share
- Small Group Discussion
 - Challenges, support strategies, engagement
- Large Group Summary
 - Insights and questions
- Wrap Up: Key takeaways

Our members share Name:

"Our diversity strengthens and affirms the reality of our simple message. Across all of our differences, the same simple program works."

Guiding Principles, Tradition Five, Word by word

Our members share Name:

“Some addicts will hear the message of recovery better in one type of meeting, while others prefer another format. An NA community that offers a variety of meetings is more likely to reach a broad cross-section of addicts.”

It Works How & Why, p.153

Our members share Name:

"We no longer feel a need to blend in with the wallpaper or shine like the brightest star. We get to be ourselves, each of us uniquely contributing to the lively whole. We don't need to fit in – because we belong".

A Spiritual Principal a Day, April 23th

"As addicts, we know the pain of addiction but we also know
the joy of recovery we have found in the Fellowship of
Narcotics Anonymous"

Basic Text, Preface to the First Edition

"We are free to participate, create, care and share, surprise ourselves, take risks, be vulnerable, and stand on our own two feet."

Living Clean, Chapter 1, "Keys To Freedom"

Small Group Discussions

Here are some small group discussion suggestions:

- **Select a facilitator** to guide the discussion and keep things on track.
- **Ensure everyone has a chance to share** by encouraging participation from all group members.
- **Respect each other's time** by being mindful of how long everyone speaks.
- **Keep the discussion focused** on the topic at hand.
- **Create a supportive atmosphere** where all opinions are valued and respected.

Small Group Discussions

Choose 1–3 Discussion Questions:

- **What challenges** might LGBTQ+ members face when they are new to NA? How can we as a fellowship support them through these challenges?
What made me stick and stay in NA?
- **What can we all do** to help LGBTQ+ members feel a sense of belonging and promote unity through diversity within our fellowship?
- **What does it mean** for an NA meeting to provide a truly safe environment for all members, regardless of their background or identity?

Large group summary

Highlight key takeaways

"Unity changes us. When we rise above our differences, we start to understand who we are, how we fit, and how much we have to offer the world."

Guiding Principles, Tradition One, Opening Reflection

Would you like to help us write an e-book?

We're collecting stories of finding recovery in NA as an LGBTQ+ addict, and we'd love to hear yours. Your experience can inspire and help others. Send us an email, and we'll provide more details on how you can contribute.

Thank You!

& LIVING CLEAN IN FULL
FINDING RECOVERY COLOR
IN NA *as an* LGBTQIA+ addict in recovery

EDM FD

fd@edmna.org

If you want to join to the EDM FD

WhatsApp Group, please use the QR code!

