

# SNAPSHOT of THE ZONES OF

Based on information provided by zones  
February 2023 and updates post WSC



## Brazilian Zonal Forum

9 seated regions  
1 unseated regions\*  
4,795 meetings

member regions include

Brazil

Brazil Central

Brazil Sul

Grande São Paulo

HOW

Minas

Nordeste Brazil

Rio de Janeiro

Rio Grande do Sul

10 Brazil\*

### Zonal Meetings

In-person  
twice a year  
(3 days long)

Virtual  
twice a year  
(average length 7–8 hours)

Consensus-Based  
Decision Making

### Mission

The mission of the Brazilian Zonal Forum is to bring together all the regional communities of NA in Brazil, through exchanging experiences and working together, to promote the vision of Narcotics Anonymous and to fulfill the Fifth Tradition, where the common purpose must always be taking the message of recovery to the addict who still suffers.

Zonal Delegate and Alternate  
2-year terms



## INFORMATION

### Planning

Strategic planning for the zone is complicated as the regions are very different from one another. It is difficult for the zone to envision the needs of each individual region. However, most of the regions have a solid service structure, so regional motions are presented in the form of projects which serves as their planning. Usually the region that presents the project is responsible for the execution and the BZF helps with funding. Planning is carried out every six months. Motions are voted on 3 or 6 months after they are presented, depending on urgency. Surveys are sometimes distributed to collect member input. All the Brazilian Regions must approve all projects.

### Services

**Fellowship Development:** There are many projects dedicated to the growth of the regions of BZF. One project provided outreach to the Republic of Guyana with the help of ABNA and NAWs. There is also FD planned for an area that contains an Institutional Group. The Accessibility Project addresses the needs of addicts all over the world who still suffer and have additional needs. This workgroup meets once a month and is organized with Brazil, an area in the US, and Canada. The Carrying the Message Project in the Nordeste Brazil Region was started post-pandemic to open new groups, reopen meetings, and reach out to professionals. The Rio Grande do Sul FD Project followed, and recently the FD project in the countryside of Minas Region has started.

**Public Relations:** The zone maintains a single Brazilian NA website which contains tools to find meetings, links to NA social networks, service materials (manuals, bulletins), periodicals, and magazines. They have also implemented a national phoneline.

**H&I:** The groups of Brazil have decided to create a National H&I Subcommittee. The H&I Prison Sponsorship Project is a sponsorship behind the walls correspondence project.

**National Service Conference:** This event is held every two years and is hosted by the zone. It is attended by trusted servants from all over Brazil where they exchange experiences about H&I services, PR/PI, literature review and translation, and Fellowship development.

**Other Services:** Mapping is a new service for the zone. It brings together all the diverse data of the zone so that projects can be created to quickly take the message to the still suffering addict.

Virtual service forums that existed prior to the pandemic have increased dramatically bringing many newcomers to meetings and into service. In Brazil, there are now virtual-only service bodies that serve virtual groups that attract Portuguese-speaking members from around the world. The regions of the BZF have about 800 virtual meetings.

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Chair/Facilitator

Vice-chair

Treasurer

FD/H&Iretary

Literature

Zonal Delegate

ZD Alternate

## COLLABORATION

All projects and discussions that take place in the Brazilian zone are endorsed, coordinated, and funded by all member regions. However, the work is done on the regional level so that local culture, ideas, and services are respected.

The ZD team promotes meetings and the exchange of experience with other zones, including translations (which was started by the Latin American Zonal Forum) and H&I efforts with the Russian-speaking community. BZF helped with the supply of literature to the African community of Cape Verde, and maintains contact with Mozambique as these are Portuguese-speaking countries. There is also an initiative to create a virtual project that involves all Portuguese-speaking members

## FINANCIAL

The Brazilian Zonal Forum and the Brazilian Service Office of NA are unified as the Brazilian Association of Narcotics Anonymous, or ABNA.

The annual budget for ABNA is \$18,016 USD—\$10,297 is allocated for services and the rest is used to cover the expenses of the office. In 2022, ABNA gave discounts on literature orders (\$32,624) and free shipping (\$27,082) for a total of \$59,706. Funds are received through the sale of literature and contributions from member regions.

ABNA funds all trusted servants except for the ZD team. They are regional delegates of unseated regions and all Brazilian RDs are funded by their regions.