



**Atmosphere of Recovery
in Service**



Atmosphere of Recovery in Service

Purpose of Session:

- **Increase awareness** of Spiritual Principles, and how they serve as a complement to our core values in Service.
- **Identify issues** that may challenge us as members to create an Atmosphere of Recovery in Service.
- **Model the sort of discussion** that could take place at a service support forum (Group, Committees, ASC, RSC, ...)

Session Outline:

Set-up of Session 10 minutes

Large Group Discussion/Warm-Up 10 minutes

Set-up for Small Group Discussion 10 minutes

Small Group Discussion 30 minutes

Small Group Feedback 30 minutes



**„We need communities whose members
invite, encourage and inspire each other
to grow beyond.“**

The **Twelve Steps** grants us the freedom to participate and grow beyond.

In **Service** they can help us support our common welfare and generate unity of purpose.

On a personal level, they enable us to **practice** loving behavior and help us to choose good habits in our service efforts as well.

Service - a significant part of the NA program

Large Group Discussion

- 1. What would your community look like without service?**
- 2. What are your benefits of being in service, and how does it enhance your personal recovery?**

(Be specific and try to give examples)

Unity in service doesn't just happen.
It needs an attitude of open-mindedness.

The **Friendships** we develop in service
strengthen NA unity as well.

Empathy - the emotional insight and
spiritual bonding - compliments that connection.

They become our **primary** vehicles of
communication.

**The unity that supports our common
welfare is created not only by working
together but
playing together.**

Awareness

Coming from isolation imposed by addiction, we may not realize that many people get steam rolled by powerful personalities.

Our behavior as trusted servants affects other members and NA as a whole.

In recovery, we constantly double check our thinking and update our inventories.

Responsi(a)bility

The real and permanent leadership of trusted servants in NA can offer the quiet opinion, the sure knowledge and humble example that resolve a crisis, leading by example, rather than driving by mandate.

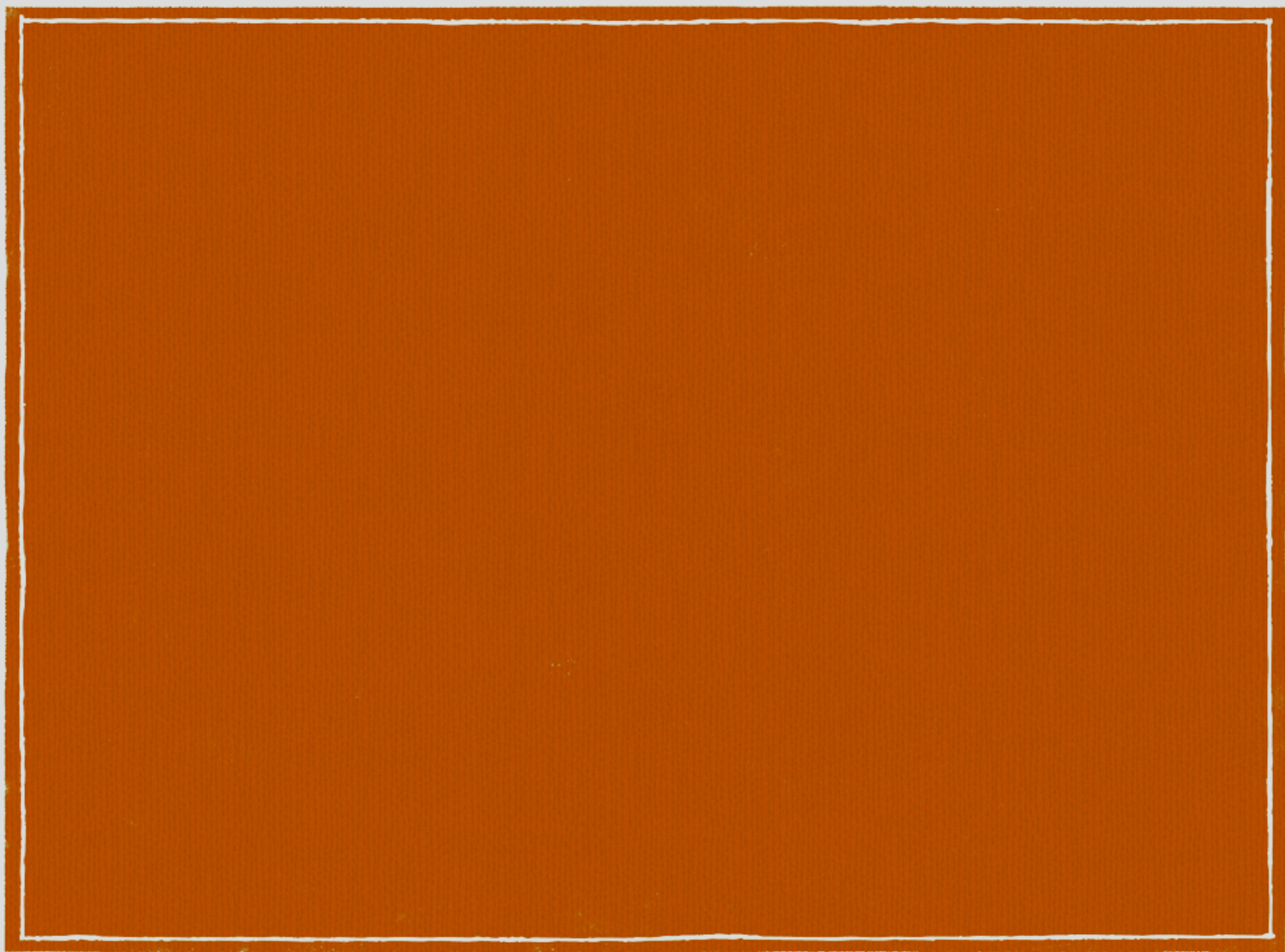
Fairness

The 10th Concept encourages us to treat each other with respect, and provides us with a means of making amends when we wrong others.

In Narcotics Anonymous, individual welfare is held nearly as important as our common welfare.

Let's take our recovery and our group practices to support our service bodies and help create a strong recovery atmosphere there.

As many of us may have experienced, there are numerous ways to create an atmosphere of recovery.



Small Group Discussion

Table 1: Welcoming Members in Service



**We need our philosophers and our anti-intellectual.
We need our socially flamboyant members and our staid
conservatives. Most importantly, we need you.**

We can not invite someone who does not matter

Welcoming Members

- 1. What is the biggest challenge of welcoming new members in service in your community?**
- 2. What actions do you have in mind to attract new members in service and make them feeling welcome?**

(Be specific and try to give examples)

Small Group Discussion

Table 2:

Atmosphere of Recovery in Service



**„We need to take our recovery with us
everywhere we go and into all our interactions.“**

We need to take our recovery with us everywhere we go and into all our interactions.

Atmosphere of Recovery in Service

- 1. What do you think might be lacking in the atmosphere of recovery in service?**
- 2. What can you do and your service body do to nurture an atmosphere of recovery in service?**

(Be specific and try to give examples)

Small Group Discussion

Table 3: Inspiring each other



**We look for ways to help instead of judge.
Our task is to fan the flame of desire,
not dampen it.**

**You can not inspire members, when you are not
Inspiring each other**

- 1. How would you describe 'supportive' Leadership?**
- 2. Members enjoy what they are good at. How can we consider personal skills in Service?**

(Be specific and try to give examples)

Small Group Discussion

- 1. Choose your table.**
- 2. Take 2 min. of silence and concentrate on what you want to share with the others.**
- 3. Choose a facilitator.**
- 4. Choose a member to collect notes on a sheet of paper.**
- 5. Compile the relevant notes to a flip chart.**
- 6. Choose someone who present the flip chart.**

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European Delegates Meeting

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