

EUROPEAN DELEGATES MEETING

SUMMER EDM 2023

BUDAPEST- HUNGARY

SPAD

SPIRITUAL PRINCIPLES AND SERVICE

EDM fellowship development committee

## SPAD

- ◆ Introduction, housekeeping: (5 minutes)
- ◆ Little history about how it came about: (10 minutes)
- ◆ Some spiritual principles:  
Service / Surrender / Generosity / Goodwill (15 minutes)
- ◆ Small group discussions. (40 minutes)
- ◆ Feedback from different groups. (20 minutes)
- ◆ Wrap up: (5 minutes)

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Little history about how it came about.

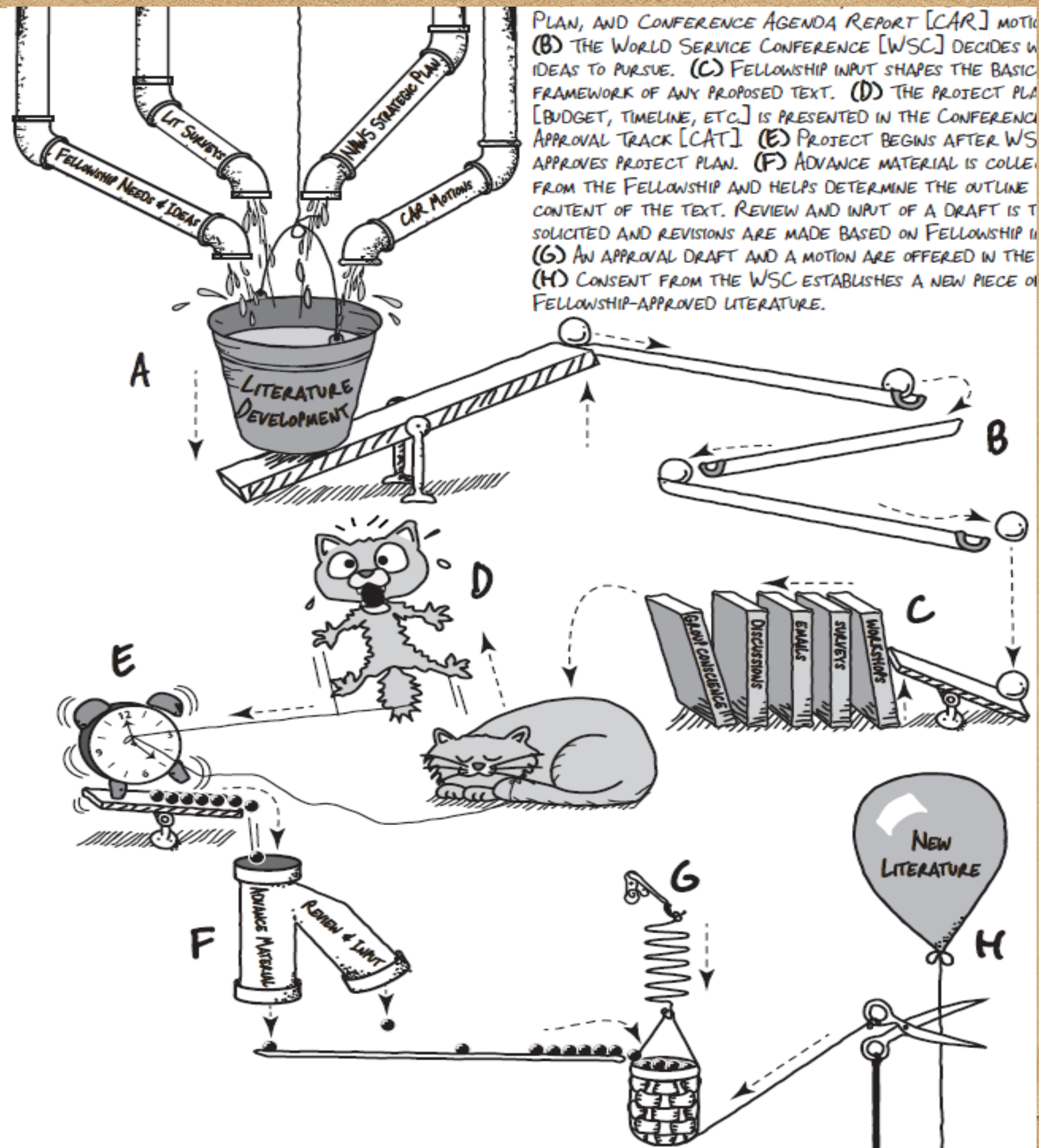
# A Spiritual Principle a Day



## SOME FACTS ABOUT THE SPAD

- ◆ Daily meditation book with a focus on spiritual principles.
- ◆ Idea first came up in the 2016 CAR.
- ◆ The project was approved at the 2018 WSC and a workgroup was formed .
- ◆ Workgroup gathered materials from all over the fellowship in many languages.

THE LITERATURE DEVELOPMENT BUCKET (A) STARTS TO FILL WITH THE FELLOWSHIP'S NEEDS AND IDEAS, WHICH MAY BE EXPRESSED IN LITERATURE SURVEYS, THE NAW'S STRATEGIC PLAN, AND CONFERENCE AGENDA REPORT [CAR] MOTIONS. (B) THE WORLD SERVICE CONFERENCE [WSC] DECIDES WHICH IDEAS TO PURSUE. (C) FELLOWSHIP INPUT SHAPES THE BASIC FRAMEWORK OF ANY PROPOSED TEXT. (D) THE PROJECT PLAN [BUDGET, TIMELINE, ETC.] IS PRESENTED IN THE CONFERENCE APPROVAL TRACK [CAT]. (E) PROJECT BEGINS AFTER WSC APPROVES PROJECT PLAN. (F) ADVANCE MATERIAL IS COLLECTED FROM THE FELLOWSHIP AND HELPS DETERMINE THE OUTLINE AND CONTENT OF THE TEXT. REVIEW AND INPUT OF A DRAFT IS THEN SOLICITED AND REVISIONS ARE MADE BASED ON FELLOWSHIP INPUT. (G) AN APPROVAL DRAFT AND A MOTION ARE OFFERED IN THE CAR. (H) CONSENT FROM THE WSC ESTABLISHES A NEW PIECE OF NA FELLOWSHIP-APPROVED LITERATURE.



PLAN, AND CONFERENCE AGENDA REPORT [CAR] MOTION (B) THE WORLD SERVICE CONFERENCE [WSC] DECIDES WHICH IDEAS TO PURSUE. (C) FELLOWSHIP INPUT SHAPES THE BASIC FRAMEWORK OF ANY PROPOSED TEXT. (D) THE PROJECT PLAN [BUDGET, TIMELINE, ETC.] IS PRESENTED IN THE CONFERENCE APPROVAL TRACK [CAT] (E) PROJECT BEGINS AFTER WSC APPROVES PROJECT PLAN. (F) ADVANCE MATERIAL IS COLLECTED FROM THE FELLOWSHIP AND HELPS DETERMINE THE OUTLINE AND CONTENT OF THE TEXT. REVIEW AND INPUT OF A DRAFT IS THEN SOLICITED AND REVISIONS ARE MADE BASED ON FELLOWSHIP INPUT. (G) AN APPROVAL DRAFT AND A MOTION ARE OFFERED IN THE CAR. (H) CONSENT FROM THE WSC ESTABLISHES A NEW PIECE OF FELLOWSHIP-APPROVED LITERATURE.

# A Spiritual Principle a Day



## SOME FACTS ABOUT THE SPAD

- ◆ All NA communities around the globe were encouraged to participate
- ◆ All input has been processed, proofread and woven together.
- ◆ Latest baby in the list of our WSC approved Literature; unanimously approved on the 22nd of April 2022 at the WSC.
- ◆ Indexed in a way that makes it easy to find quotes about 89 spiritual principles and their application in different aspects of our daily lives.
- ◆ Also use this index for workshops preparation, step study and more.

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Spiritual principles in service

## Generosity as a spiritual principle

A member wrote. "A woman I didn't recognize celebrated two years clean. She came up to me after the meeting and told me I remembered her name at her first meeting two years ago. She said she felt seen for the first time in a long time, and that's why she kept coming back."

SPAD 15th of October



## Generosity as a spiritual principle.

Generously serving each other and NA develops our capacity; we grow as human beings, and NA grows as a Fellowship. We open doors for others to practice generosity; in turn, they reach out to bring others along. An interlinked series of relationships define the history of almost every NA community.

SPAD 28th of July

WHY IS THE SPIRITUAL PRINCIPLE OF GENEROSITY SO IMPORTANT IN SERVICE?

# Respect as a spiritual principle

Whether it's public relations, addict relations, or my relationship with myself, today I will strive to show respect rather than to seek it.

SPAD 10th of June

# Respect as a spiritual principle

Ideally, practicing respect results in more inclusivity of opinions and more equality in participation. Communicating our respect prioritizes listening over speaking, our common welfare over selfishness. We try to make space for others rather than cutting them out. In NA, respect breeds trust, safety, and well-being—not fear, fragility, and oversized egos.

SPAD 21st of April

Why is the spiritual principle of RESPECT so important in NA service?

Surrender as a spiritual principle.

Surrender and Tradition One

Surrender to the First Tradition brings us to understand that we are part of something much greater than ourselves.

Guiding Principles, Tradition One, "Spiritual Principles"  
SPAD 13th February

# Surrender as a spiritual principle.

Surrender means having the open-mindedness to see things in a new way, as well as the willingness to live differently.

—Living Clean, Chapter 3, “Awakening to Our Spirituality”

SPAD 18th of January

Have I had to stand alone to a decision of our group? How can surrender to the group conscience help us in NA service?

# Selfless service as a spiritual principle

## Service as an Expression of Love and Gratitude

Service changes our relationship to our own lives. We learn to put love and gratitude into action, and when we mobilize our good feelings they have a way of spreading through all our affairs.

Living Clean, Chapter 7, "Being of Service"  
SPAD 1st of May

# Selfless service as a spiritual principle

## Service Is Spirituality in Action

When we engage in selfless service, we find that all of the principles we have come to love and learn are called upon. It isn't easy to get out of our own way, but that is precisely what frees us from our self-made prisons.

Living Clean, Chapter 3, "Spirituality in Action"

SPAD 17th March

Why is the selfless service spiritual principle so important to NA service?

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SMALL GROUP DISCUSSIONS

(30 minutes)



Spiritual principles  
Small group discussion

GENEROSITY

RESPECT

SELFLESS SERVICE

SURRENDER

How do you try to apply those principles at the level of your service?

Spiritual principles  
Small group discussion

Small group discussions feedback  
(20 minutes)

# A Spiritual Principle a Day



Index designed so it is possible to use it for:

- ◆ Preparation of service materials
- ◆ Finding quotes on spiritual principles.
- ◆ Using it for step work.

## List of Principles, Titles, and Dates

### Acceptance

- Acceptance and Perspective*  
25 January
- Listening Leads to Acceptance*  
1 February
- Accepting That I'm Not Always Right*  
16 March
- Accepting Another's Path*  
30 May
- Finding and Extending Acceptance*  
15 June
- Acceptance and Relationships*  
14 July
- Accepting Others*  
8 October
- Acceptance Takes Practice*  
1 November
- Accepting Reality*  
2 December

### Accountability

- Finding Accountability in Others' Insights*  
10 March
- Planning Keeps Us Accountable*  
23 September

### Anonymity

- Finding Equal Worth in Anonymity*  
27 January
- Putting We Before Me with Anonymity*  
30 March
- Equality in Anonymity*  
28 May

- Anonymity Connects Us*  
8 June
- Anonymity and Individuality*  
13 August
- Anonymity and Selfless Service*  
6 September
- Anonymity as Our Spiritual Foundation*  
20 October
- Anonymity Gives Us All a Place to Recover*  
23 December

### Attentiveness

- The Gift of Attention*  
4 January
- Attentiveness to NA's Message*  
23 June

### Authenticity

- Being Authentic*  
23 January
- Free to Be Authentically Me*  
3 September

### Autonomy

- Autonomy and Our Choices*  
27 March
- Autonomy and the Ties That Bind*  
14 May
- Autonomy Balanced with Responsibility*  
4 July
- Expressing Our Autonomy with Integrity*  
23 October

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SPIRITUAL PRINCIPLES AND SERVICE

Thank you for your active participation

Please do not hesitate to contact us

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