

...A WARM STORY OF SERVICE

Once upon a time...

OVER THE YEARS, ITALIAN REGION HAVE HAD ONLY A **PR** SERVICE PHONE LINE.

IT WAS THE **INFO-LINE**, RUNNING UP 8 TO 12 HS/DAY.

DATA IS AROUND 250 CALLS PER YEAR (LESS THAN 1 CALL PER DAY).



Once upon a time (2)...

IN 2019 WE MOVED TO THE NEXT STEP

PRIMARY PURPOSE SUGGESTION:

TAKING THE NECESSARY STEPS TO CREATE THE HELP LINE SERVICE.



STEP 1

- A team of 4 trusted servants from FD, started switching daily by the GSM operating system, to deviate calls;
- translating the Handbook from English
- translating the guidelines made up by the English region experience

STEP 2 (2020)



- Involving motivated trusted servants
- Creating the Help Line subcommittee and showing up to RSC to be trusted
- Keep involving other **servants** and developing the new **structure**:
 - 5 slots per day (7/7), i.e. 8-12, 12-16, 16-20, 20-24, 00-8 (night shift)
 - Using the GSM operating system
- First year result: 70 calls per month (> 800/year)

STEP 3 (2020/2021)

- 2020: service switched to 5-turns-per-day
- Calls could be lost if servants were busy
- A WhatsApp service got started, and contacts increased by 40%. However, WhatsApp doesn't allow to send messages directly to a chat, then we started with a one-man-service.
- BUT, newcomers crowded the rooms, sat on the chairs and started counting their clean-time. This is the thing's meaning.

How about your experience with WhatsApp to serving NA?



STEP 4 (TODAY)

- We have been looking for a different technology, a software-based approach
- We're now managing an **on-line contact center**
 - Adopting an in-cloud-product
 - Increasing trusted servants number up to 14 (12 answering members)
 - Managing almost 110 calls/month on a 24/7 service by servants' own mobile. Anonymously
- All the services are permanently attended
- Beta-version of WhatsApp, 1 master + 4 servants on their mobile phone





WHAT'S NEXT?

Twelve-step-improvements and **integration** with other service bodies

- Providing a list of servants from all the Areas taking prospects
 - <u>either</u> to their **first meeting** taking prospects
 - <u>or</u> meeting and **hugging them** on the group's door
- Sharing Help-Line attitude with other service bodies
 - providing specific numbers and connecting them to the HL service group
 - providing a second-level service to switch their lines on HL when they're off

We strive for an addict seeking recovery and calling NA never miss the opportunity to reach out to us.

How about your service experience with this subject?



SOME WARM OR STRONG EXPERIENCES

- Maurizio: when you hug in a meeting, in your home-group, someone who called your service just a few days before, when he/she was crying, desperately crying...
- Angelo: the would-be suicide, sharing his last letter to his sons, during a long night. A gloomy story...
- Sergio: the father asking how much *replacement drug* he should buy for his son

Just tell your stories

HELP LINE NARCOTICI ANONIMI IF YOU WANT ANY HELP

TO BUILD SUCH A SERVICE,

JUST ASK,

WE WILL TRY TOGETHER.

HELP LINE WE APPRECIATED YOUR ATTENTION

MAIL: helpline@na-italia.org



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